

## **Summary of the WHO-AIMS Project Proposal to Strengthen the Mental Health System in Azerbaijan**

This project proposal is based on the results of a comprehensive assessment of the mental health system of Azerbaijan using the WHO-AIMS instrument. For further details on this assessment, please see the WHO-AIMS country reports for Azerbaijan -

[http://www.who.int/mental\\_health/evidence/azerbaijan\\_who\\_aims\\_report\\_english.pdf](http://www.who.int/mental_health/evidence/azerbaijan_who_aims_report_english.pdf)

[http://www.who.int/mental\\_health/evidence/azerbaijan\\_who\\_aims\\_report\\_azerbajani.pdf](http://www.who.int/mental_health/evidence/azerbaijan_who_aims_report_azerbajani.pdf)

**Title of Project:** Development of Integrated Community Based Services for People with Severe Mental Disorders in Azerbaijan.

**Objectives:** The general objective of the proposed project is to develop a model of integrated community-based mental health services for use in outpatient facilities. The project aims to promote a comprehensive, multidisciplinary approach for providing mental health services to people with severe mental disorders.

Specific objectives of the project include:

1. Improving postgraduate education for mental health professionals.
2. Improving mental health services to meet the health and social needs of people with long-term severe mental disorders.
3. Decreasing the number of institutionalized people with severe mental disorders residing in both mental hospitals and residential facilities.

**Expected Outcomes:** The proposed project is a multi-step project that aims to address both the training and organizational aspects of implementing an integrated, community-based approach to mental health services. The project is to be implemented over a 2-year period in Ganja City.

Specific expected outcomes include:

1. Development and publication of a training manual on the implementation of integrated, community-based mental health services and multi-disciplinary approaches.
2. 15-day training completed by 14 mental health professionals comprising two multi-disciplinary teams (each including: a psychiatrist, a nurse, a psychologist, an occupational therapist, two social workers and a case manager).
3. 5-day training completed by 30 mental health professionals from mental health inpatient and outpatient facilities in Ganja City.
4. Deinstitutionalization and community-based support provided by a multidisciplinary team for 350 people with severe mental disorders in Ganja City.

**Expected Impact:**

1. Updated curriculum for post-graduate education for mental health professionals.
2. Improved quality of mental health services and doctor-patient relationships.

3. Improved follow-up system of patients with severe mental disorders after discharge from hospital wards.
4. Improved relationships between people with severe mental disorders and their family members and neighbours.

**For further information on this project and resource requirements please contact:**

1. Dr Sevil Asadova, World Health Organization Country Office, [AsadovaS@euro.who.int](mailto:AsadovaS@euro.who.int)
2. Dr Garay Garaybayli, National Mental Health Counterpart Ministry of Health, [gerai@hotbox.ru](mailto:gerai@hotbox.ru)
3. Dr Jodi Morris, World Health Organization, [morrisj@who.int](mailto:morrisj@who.int)
4. Cittadinanza, [info@cittadinanza.org](mailto:info@cittadinanza.org)