

# Country Context, Strengths & Weaknesses of Mental Health System & Mental Health Project Proposal for Bangladesh

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## Country context

Area	- 147570 sq. km.
Population	- 141.8 million (Rural 74%)
Life expectancy at birth	- Male : 62 yrs., Female : 63 yrs.
Religious group	- Muslims / Hindus / Christians / Buddhists / Tribal
Economy	- Lower middle income group
Literacy rate	- Male : 52.8%, Female : 44.5%
Health budget	- 3.4 % of GDP
Prevalence of mental dis.	- 16.05%
Mental health budget	- 0.44% of health budget
Mental health manpower	- 0.49 / 100,000 population
Psychiatrist	- 0.07 / 100,000 population

## Strengths of the mental health system

- |   |   |
|---|---|
| 1 | Presence of primary care clinics upto rural level - Single channel service delivery system for all types of health services |
| 2 | Training of primary care health staffs is ongoing programme   |
| 3 | Mental health policy, strategy & action plan has been developed in 2006   |

# Weaknesses of the mental health system

1	Limited human & financial resources in mental health
2	Scarcity of outpatient & inpatient facilities
3	Absence of updated mental health legislation

## **Title of the proposed project**

Strengthening mental health care through  
primary health care approach

## Objectives of the project

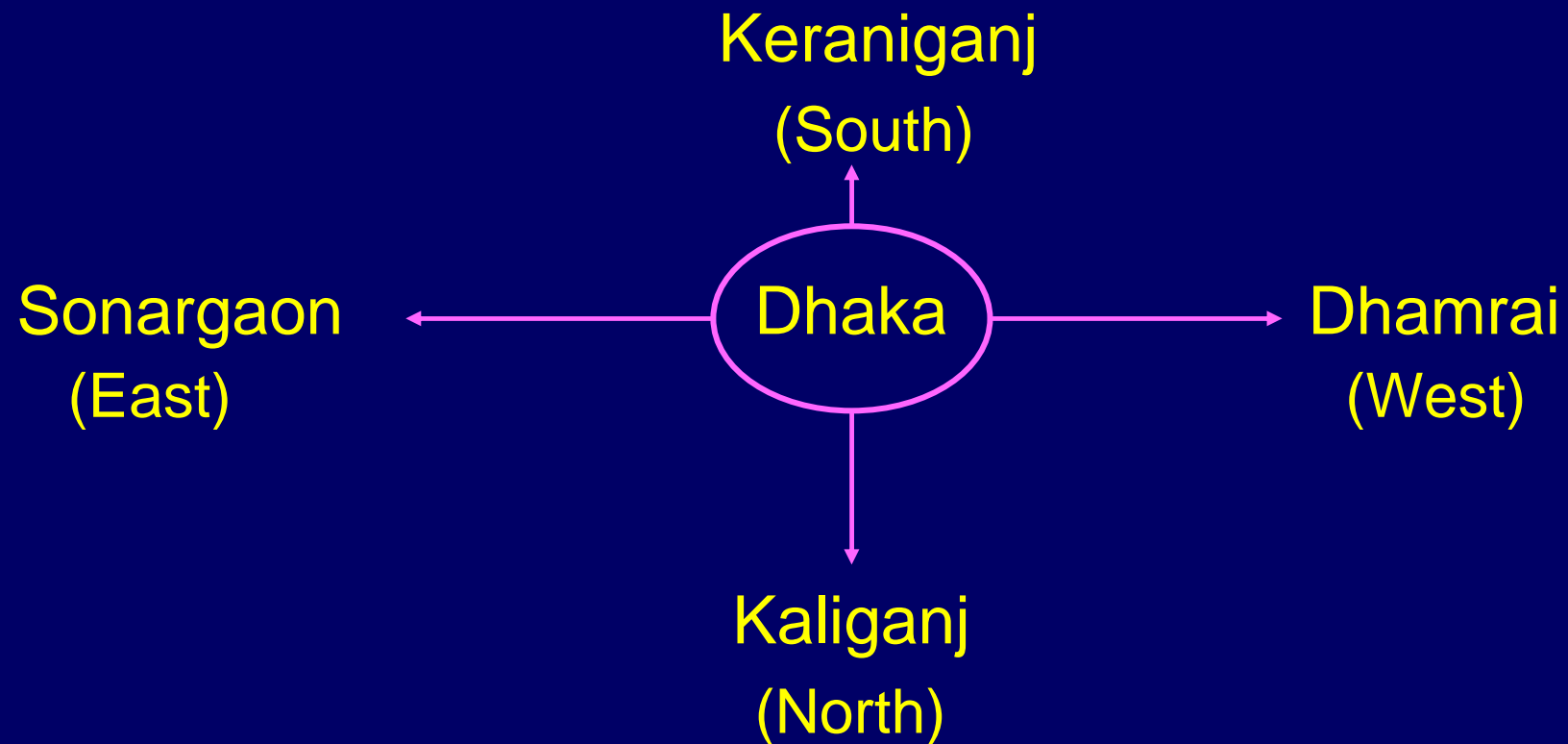
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|---|---|
| 1 | To enhance the capacity of primary care staffs in recognizing & primarily treating mental disorders |
| 2 | To develop referral system between primary care level & mental health outpatient facilities         |
| 3 | To monitor the changes through a simple monitoring system   |

## Expected results from the project

1	Training of 425 primary care staffs (50 doctors, 75 nurses & 300 health workers) in four model sub-districts (at least 5 days of training per year)
2	Establishing a liaison body between primary care staff & department of mental health to discuss the problem of integration every two months
3	Monitoring changes in each model primary care clinic through a simple monitoring system
4	Doubling the training hours for doctors & nurses in undergraduate training

## Model sub-districts for the project

4 Sub-districts around Dhaka city  
(population : about 700,000)





**Thanks to all**

