

**WHO AIMS
PROJECT
CASE OF BENIN**

BENIN COUNTRY CONTEXT

- Benin is in low income country in west africa between Nigeria and Togo
- Population: 7millions
- Area: 115000 km²
- Since 1990 there is training for psychiatrists in Cotonou
- There is no training for nurses in mental health in Benin

WEAKNESSES OF THE MENTAL HEALTH SYSTEM

- There is a total lack of nurses with a specialization in mental health, a shortage of psychiatrists
- There is a concentration of facilities and specialists especially in Cotonou.
- The allocation of resources to the mental health sub-sector is insignificant to meet the needs

STRENGTH OF THE MENTAL HEALTH SYSTEM

- National Programme for Mental Health; National Psychiatric Hospital; Department of Mental Health.
- University service of mental health; outpatient facility that deals with the mental health of children and adolescents
- NGOs involved in the treatment of mental health

PROJECT TITLE

CREATING A NATIONAL SCHOOL FOR
THE TRAINING OF SENIOR
TECHNICIANS SPECIALIZED IN
MENTAL HEALTH

OBJECTIVES

- Reinforce the mental health of grassroots populations
- Integrate mental health care into primary health care.
- Provide 77 municipalities around the country, 12 departments and specialized university centres with professionals qualified in mental health
- Train 100 professionals within 3 years.

EXPECTED RESULT

- 100 senior technicians in mental health are trained in three years, and are ready for employment
- Mental health activities are integrated into existing approaches of primary health cares
- Mental health of populations is improved
- The mentally ill are better cared for