

Rimini 15- 18 April 2008

Community Mental Health Care Project

**A project for facilitation of reintegration of chronic
psychiatric patients into the community**

**Mental Health Secretariat –
Egypt**





Egypt

- ❖ **Area : 1,001,450 KM²**
- ❖ **Population : 74,426,061**
- ❖ **Hospital Based Mental Health system**
- ❖ **Mental Health Secretariat –MOH , responsible for 82 % of available psychiatric beds**
- ❖ **2 large Hospitals at Cairo represents 60 % of available psychiatric Beds**
- ❖ **2% of Health expenditure devoted to MH, 59 % is directed to MH Hospitals °**
- ❖ **1.44 Psychiatrist, 1.806 Psychiatric Nurse, 0.11 psychologist, 0.27 Social worker /100,000 population °**
- ❖ **Mental Health Legislation 1944**



THE THREE MAIN STRENGTHENS OF EGYPT MENTAL HEALTH SYSTEM

1

**Current
Updates in
the Mental
Health Act**

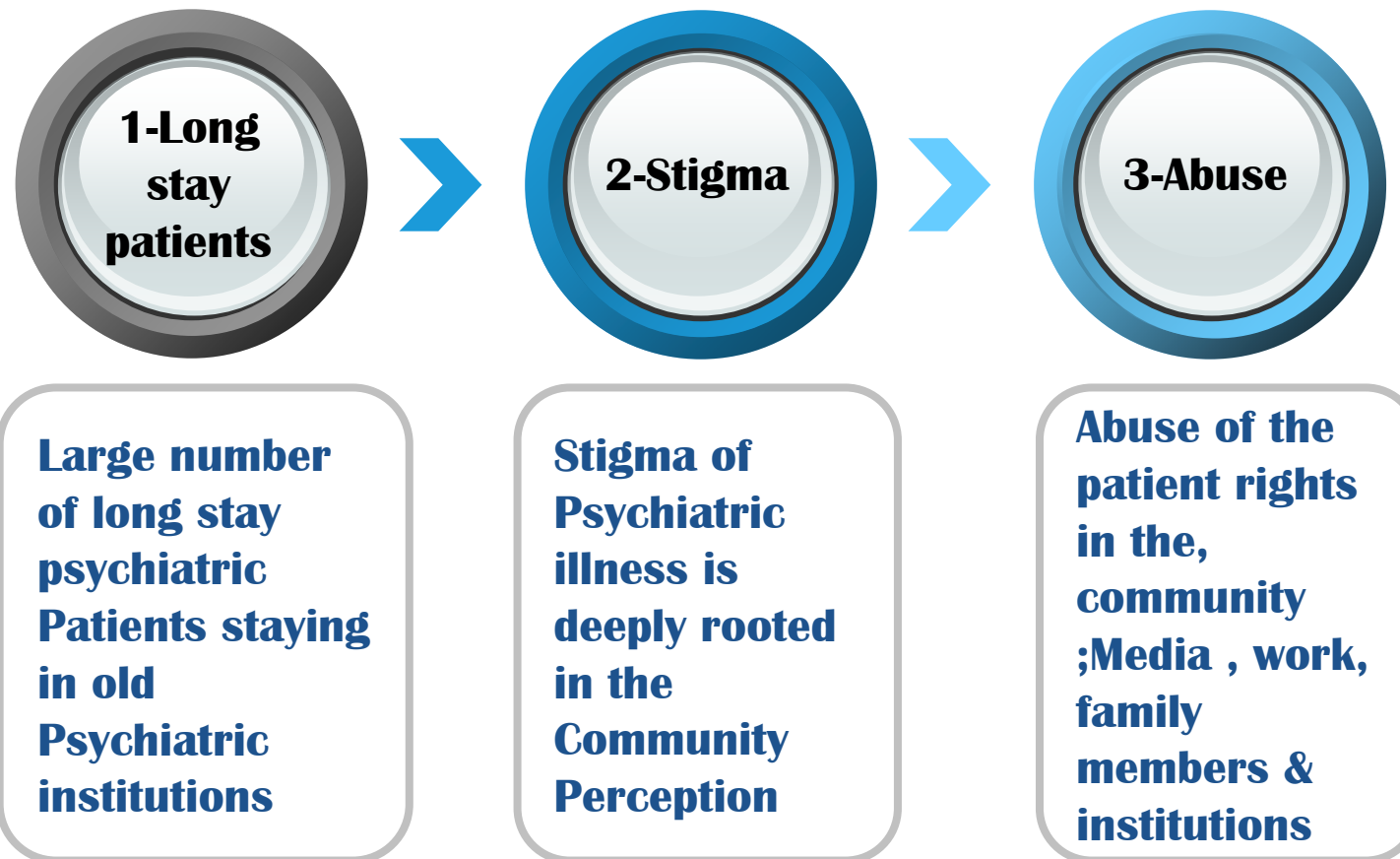
2

**Raised
awareness on
patient rights
among
Mental Health
staff**

3

**Mental Health
Monitoring
and
evaluation
system**

THE THREE MAIN WEAKNESSES OF EGYPT MENTAL HEALTH SYSTEM



Community Mental Health Care Project

❖ *“Not only are Community Mental Health services are more accessible to people living with severe mental disability , these are also more effective in taking care of their needs compared to mental hospitals, community mental health services are also likely to have less possibilities for neglect and violations of human rights which are too often encountered in mental hospitals “*

said Dr. Benedetto Saraceno Director of WHO- Mental Health and substance abuse

General Objectives of the Community Mental Health Care Project



Summary for the Three Dimensions of The Community Mental Health Care Project

1- Introduction and implementation of new Community Mental Health Care services that aim for Patient's Diversion from the old psychiatric Hospitals ;
a) Residential Facilities , b) Mobile Teams , c) Training of Community Rehabilitation workers ,d)referral system e) Family education

2- Improving Communication and links with external agencies
a) Training ,workshops and educational activities with ; Lawyers , Judges , Media Professionals ,police officers, school teachers ,NGOs
b) Family and user groups Facilitations

3- Campaigns for sensitizing the General Public with a focus in targeting specific population groups ; Audiovisuals , Short films & Booklets

Few Examples for concrete results that would be achieved through the project

Discharge of 300 long stay patients & enrolment in community MH services

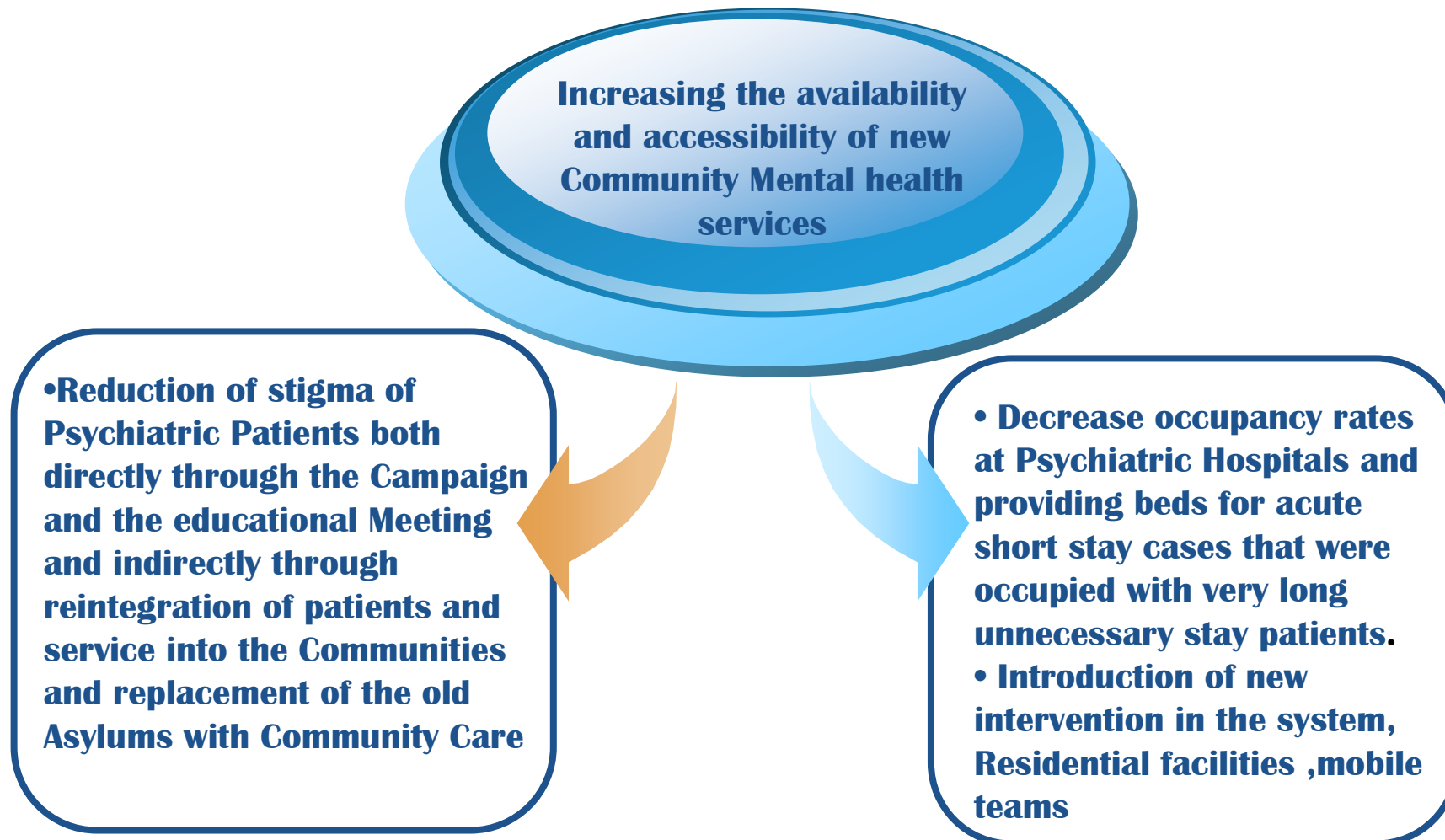
Establishment for 10 Community Residential Facilities & 5 Mobile Teams

Training of 20 Community rehabilitation professionals

Training of 100 professionals from each targeted group

Campaigns for general public & for at least 2 specific professional or age groups

THE IMPACT OF THE PROJECT AT THE MENTAL HEALTH SYSTEM LEVEL



THE IMPACT OF THE PROJECT AT USERS' LEVEL



Thank You

Dr. Nasser Loza

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