

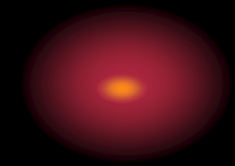
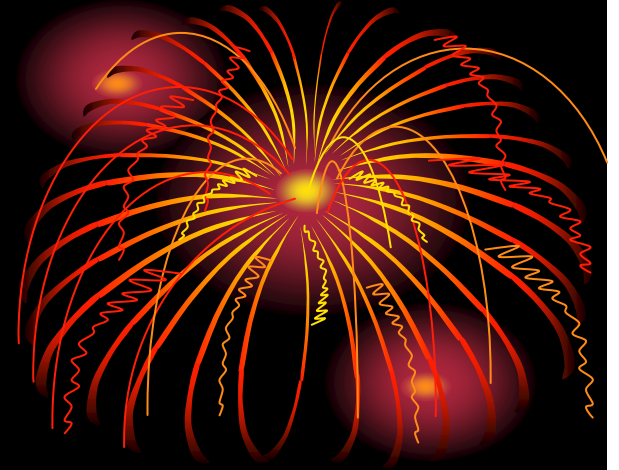
Strengthening Mental Health Systems in Ghana

WHO-AIMS findings



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16 April 2008, Rimini



Brief country profile



- **Capital** **Accra**
- **Surface Area** **238,500 sq. km**
 - (roughly size of G Britain, or Oregon, US)
- **Pop'n (2000 census)** **22.9 million**
- **Pop'n Growth (annual)** **2.1%**
- **Life expectancy at birth** **58.5 years**
- **Literacy rate** **64%**
- **HIV/AIDS infection rate** **1.9**
- **Infant Mortality rate** **68.0 per 1000**
- **Per Capita** **450.0 USD**
- **GDP growth rate** **5.8%**
- **Main occupation** **Agric, 65% pop**

Main findings 1. Policy and legislative framework



- **Policy and legislation exist but no mention made of:**
- **Downsizing**
- **human rights**
- **equity of access**

2. Mental health services



- **Free psychiatric services accessible to only 10%**
- **3 public mental hospitals, 4 private ones**
- **psychotropic drugs available**
- **Traditional and faith healers in non-formal setting**
- **Psychosocial support minimal**

3. Mental health in primary health care




- **Little integration in PHC**
- **Basic training for PHC doctors**
- **Little training for non-physicians in facilities in PHC**
- **Traditional and faith healers informally see a lot of cases in the rural areas**

4. Human resources

- **15 psychiatrists, 11 of them retired**
- **14 clinical psychologists, only one in full-time employment with MOH**
- **One Occupational therapist, retired and on contract**
- **600 psychiatric nurses**
- **115 CPNs in 69 out of the 160 districts**



5. Public education and intersectoral links



- **Appreciable public education and awareness in mental health**
- **The Media a credible collaborator**
- **No training for collaborators like:**
 - **The Police**
 - **The judiciary**
 - **The correctional centres (prisons)**
 - **Teachers**

6. Monitoring and research



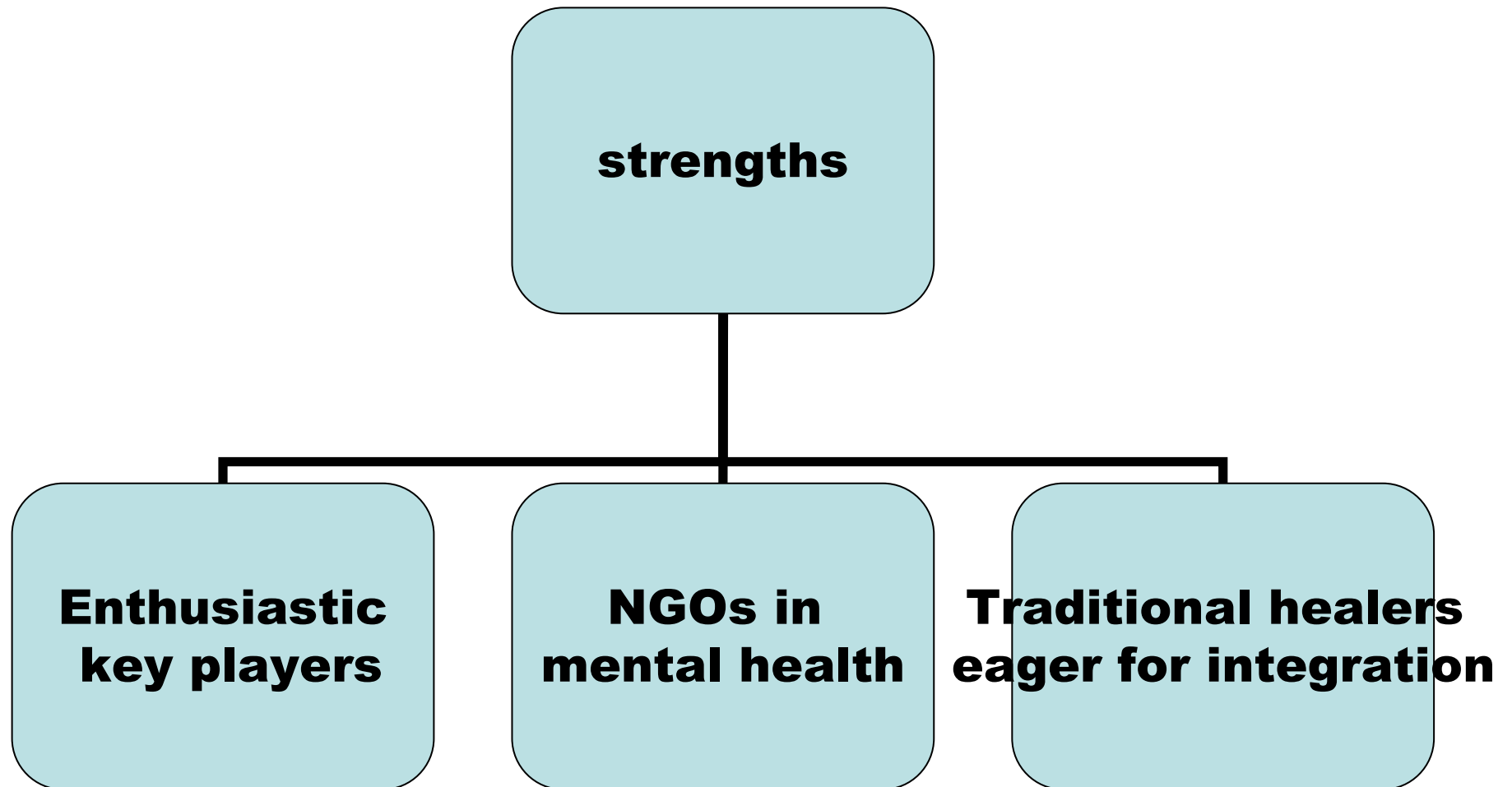
- **Some research work carried out**
- **Data collected on admissions, etc**
- **No data collected on waiting time, seclusion and restraint, involuntary admissions**

Lessons learned

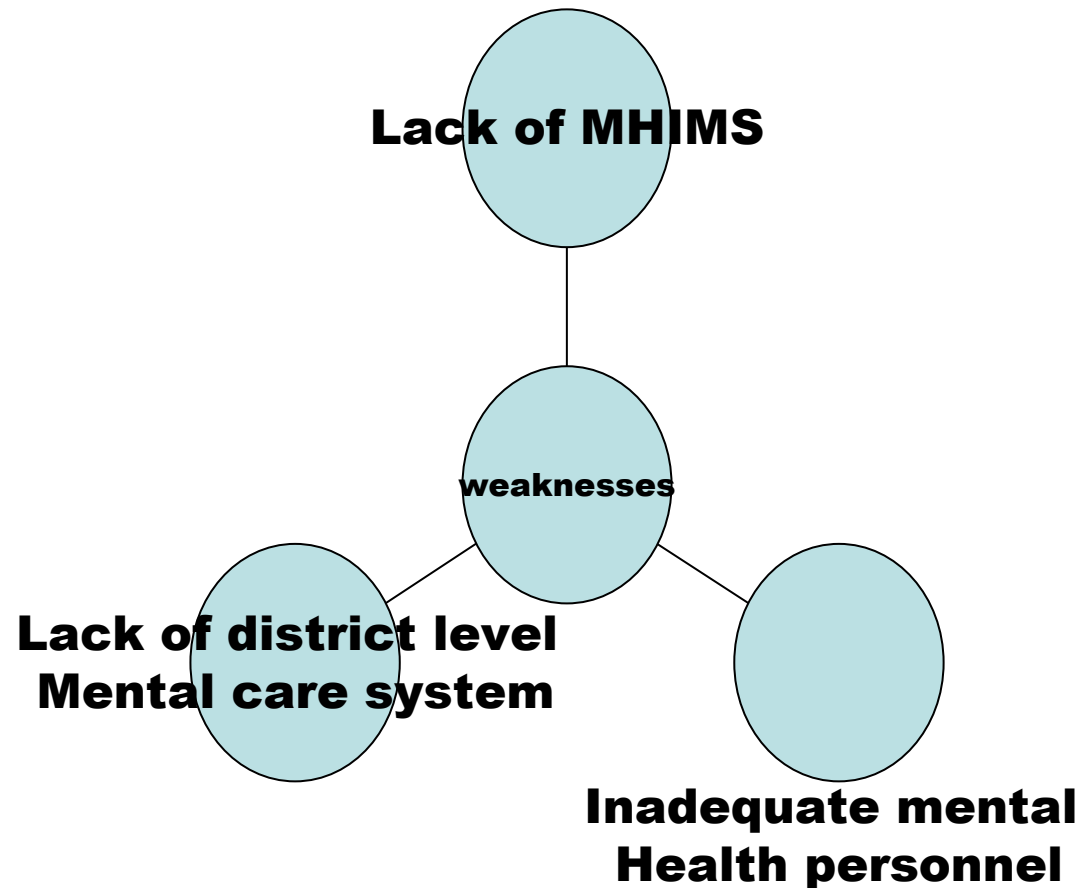


- **The WHO AIMS useful in assessing mental health services**
- **Helped to identify strengths and weaknesses and gaps in the mental health system and how to deal with them**
- **Helps to create common vision on the way forward**

Strengths of the MH system in Ghana



Weaknesses of the MH system in Ghana





Project proposal



- **Establishment of mental health information management system**
- **This addresses a key weakness in the MH system identified by the WHO-AIMS survey**
- **Aims at establishing one-stop centre for all information on MH**

- **Thank you.**

