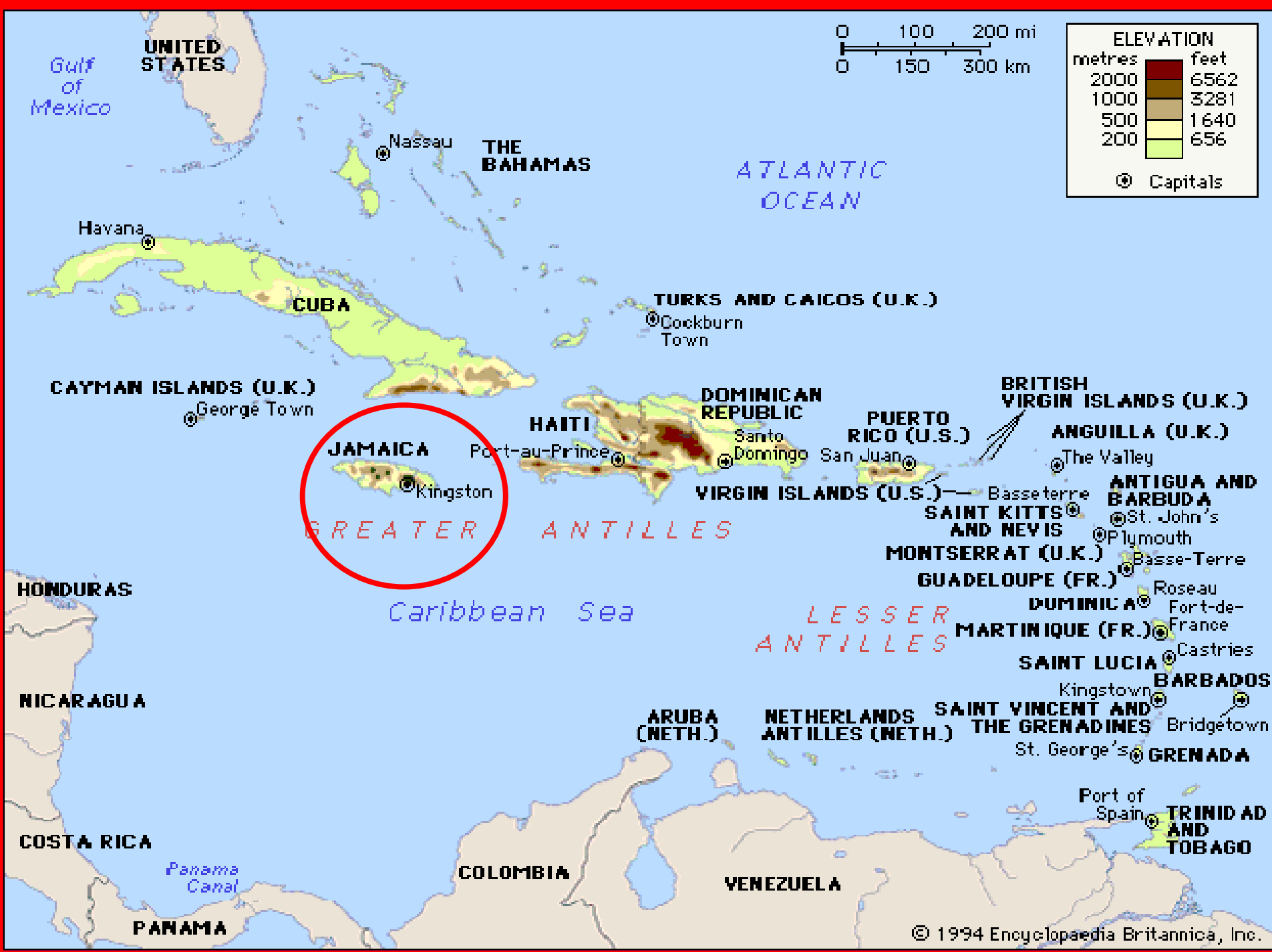
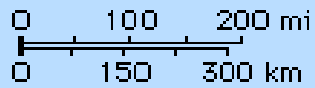
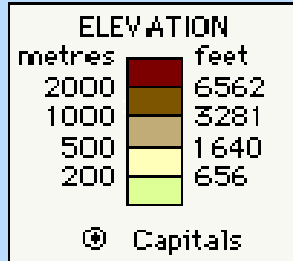


JAMAICA



Country Profile

- **Size: Area - 10,991 km²**
- **Official language: English**
- **Population: 2.6 million**
 : 50% under age 21
- **50% live in urban centres**

- **Life expectancy: 74.6 years**

- **Health expenditure: 10% GDP**
- **Mental health: 5% of health budget**
- **Epidemiology: Schizophrenia (1%)**

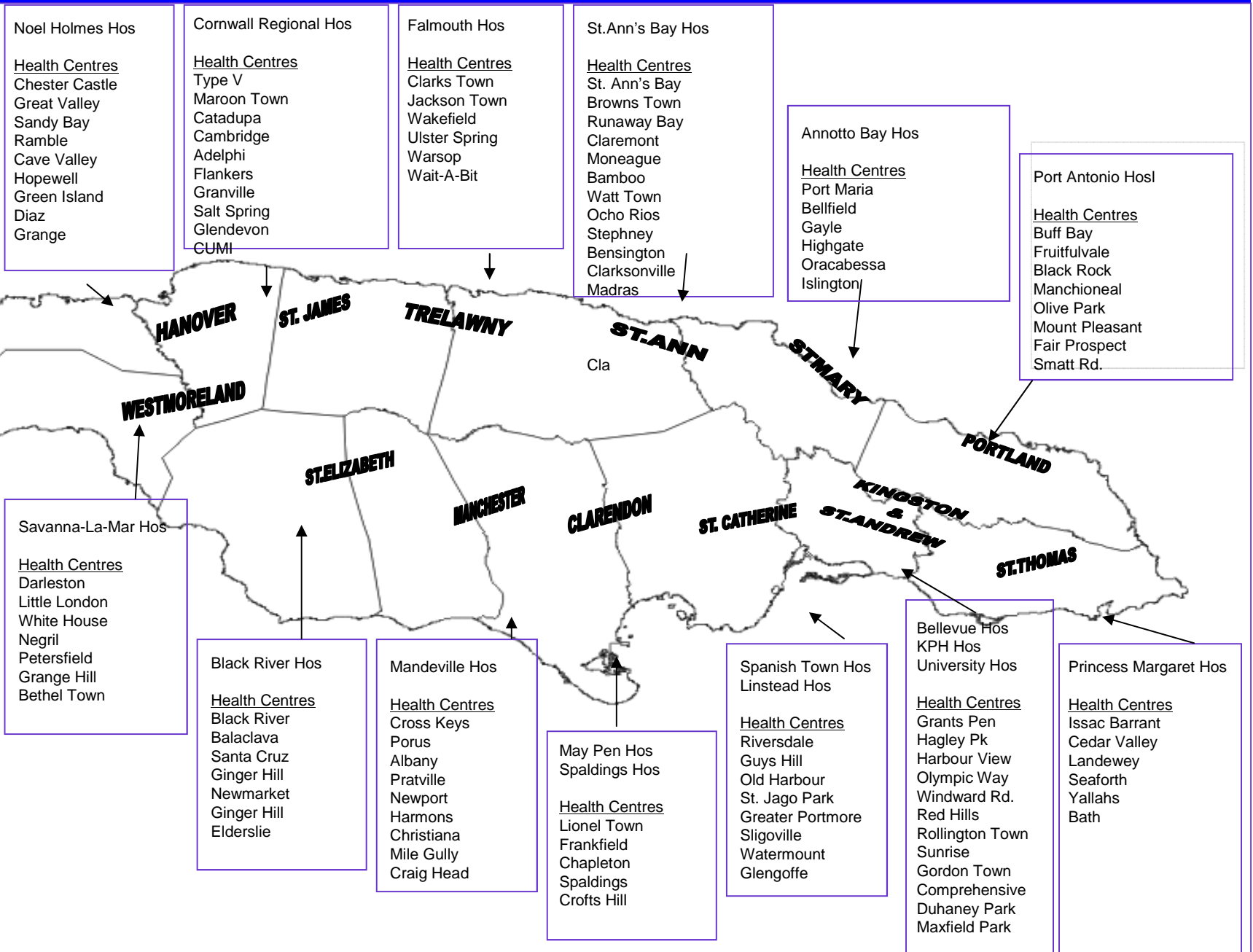
Mental Health System

- Most persons treated in primary care setting
- 292 primary care health centres (12 /100,000)
122 offer specialized mental health services
- 2 acute psychiatric inpatient units
(4 beds/100,000)
- 16 general hospitals - offer acute psychiatric care
- 1 mental hospital - 700 beds (28 beds/100,000)

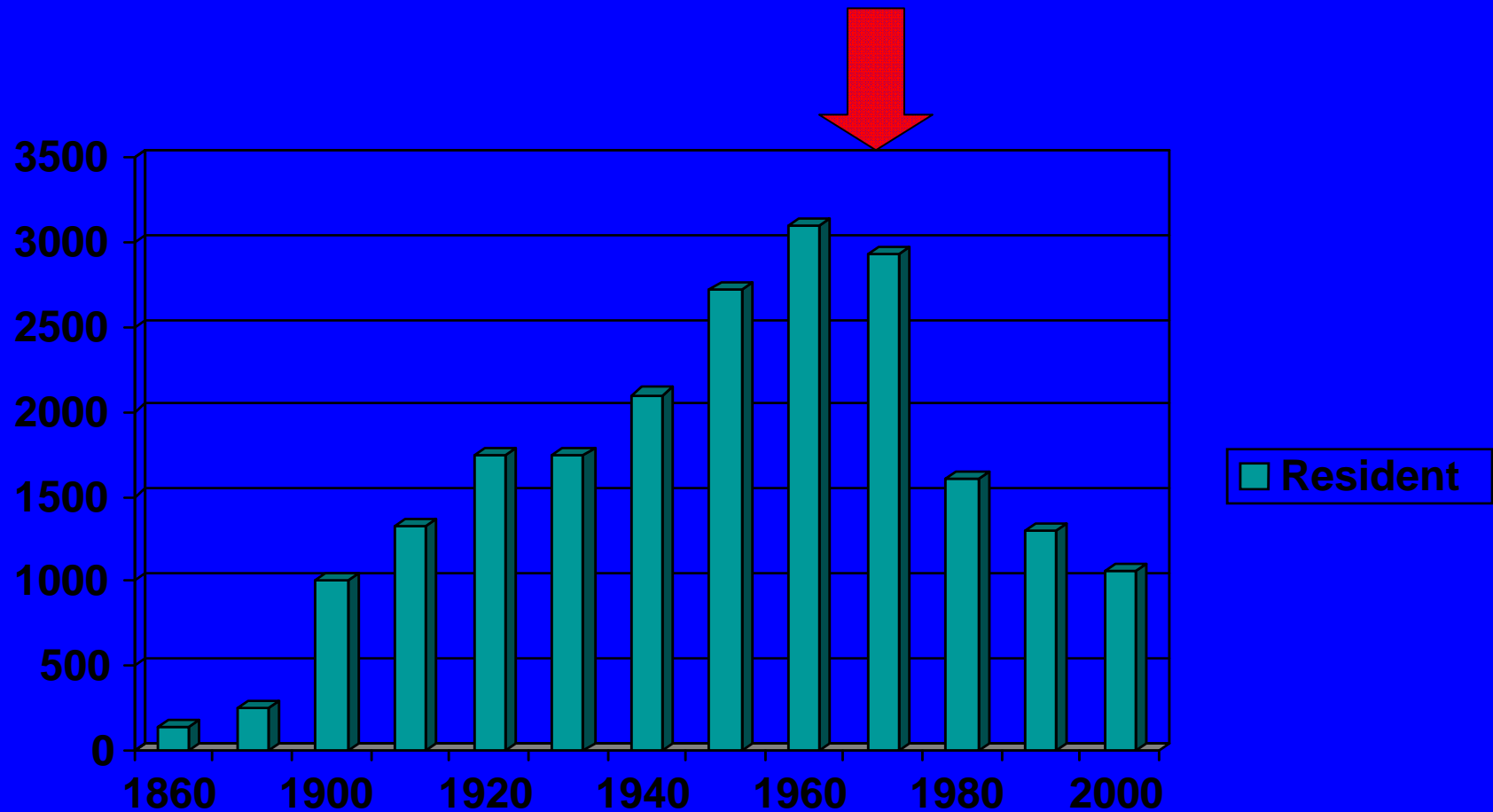
Mental Health System

- 10 Community residential facilities (NGO)
- Day treatment facilities
- Consumer groups
- Legislation: (1872); Revision: 1972, 1997, 2001
- Psychiatrist : 1.2 per 100,000
- Community Mental Health Nurse: 2 per 100,000
- Psychologists and social workers: 10

Extensive Network of Health Centres



Change in Mental Hospital Population



Hickling, Hospital & Community Psychiatry (1995)

Pathways to care

Mental Hospital

Acute Psychiatric Unit

General Hospital

Primary Care Health Centre

COMMUNITY

STRENGTHS

- Mental health a priority programme
- Fully integrated into primary care
- Evolving community mental health system offering a continuum of care
- Ongoing training of police, community health workers, primary care doctors etc.
- All essential psychotropic drugs available free

WEAKNESSES

- Limited crisis intervention and outreach services at the community level
- Centralized mental hospital
- Inadequate numbers of community residential and rehabilitation facilities
- Limited services to children and adolescents
- High patient/staff ratio

PROJECT TITLE

Strengthening the Community Outreach Service

The Outreach Programme

- Human rights driven
- Service to vulnerable groups (homeless, chronic and persistently mentally ill)
- Mental health promotion (screening, education etc)
- Liaison (police, community, social services etc)
- Enhanced community treatment (treatment in least restrictive setting, divert treatment from hospitals)

Expected Results

- An increase in the number of persons treated in the community
- Reduction in the the relapse rate
- Reduction in rehospitalization
- Reduction in inappropriate admissions to hospital

THANK YOU