



Republic of Moldova

Larisa Boderseova

Country context

- The Republic of Moldova is a country with an approximate area of 34 thousand sq.km. (UNO, 2004).
- Population is 3.581 million (2006) (for 2004 – 4.263 million).
- The proportion of the population under the age of 15 years is 20% (UNO, 2004; for 2006 – 18.1%) and the proportion of population above the age of 60 years is 14% (WHO, 2004, for 2006 – 13.7%).
- 58.7% of the population is rural and 41.4% population is urban .
- The life expectancy at birth is 63.8 years for males and 71.7 years for females (WHO, 2006).
- The total health budget represents 5.7% of the GDP.
- The per capita total expenditure on health is US\$ 112 and the per capita government expenditure on health is US\$ 56 (WHO, 2004)

MH system structure

- 3 psychiatric hospitals,
- 48 outpatient mental health facilities:
 - 35 psychiatric offices for adults in every rayon of Republic of Moldova and in 10 rayons there are psychiatric offices for children,
 - 1 dispensary in Chisinau
 - 3 Community Mental Health Centers,
- 8 other residential facilities (2 of them are for children and adolescents only),
- 2 community-based psychiatric inpatient units,
- 3 day treatment mental health facilities in the country.

- 6.15 mental hospital beds per 100,000 population.
- 4.96 mental health practitioners per 100,000 population.

MH system's weaknesses

- **The mental health information system is not complete;**
- **Lack of monitoring mechanisms regarding the protection of the human rights of the people with MH problems;**
- **The mental health budget directs a disproportionate amount of resources to mental hospitals;**
- **Not high quality knowledge for primary care professionals, as well as for the professionals from MH field.**

MH system's strengths

- **National Health Policy (March, 2007) – Chapter XII - *The assurance of conditions for the mental health improvement;***
- **New Mental Health Law (February, 2008);**
- **100% availability of the essential psychotropic medicines;**
- **The existence of family and consumer associations.**

Project proposal

Title: Development of the MH information system in Moldova;

Objectives:

- 1. To develop the MH information system;**
- 2. To train the MH and general health practitioners in using of the information system;**
- 3. To develop relevant normative and regulation documents regarding the implementation of the MH information system;**
- 4. To monitor the changes in services (treatment, medication, rehabilitation, reference system) rendered in the frame of the inpatient and outpatient MH facilities.**

Project proposal (cont.)

Expected results:

- 1. The MH information system software is created and implemented;**
- 2. The module on MH information systems is developed and incorporated into the university and post-university curriculum;**
- 3. By the end of the whole project implementation the MH professionals (from 3 psychiatric hospitals, 3 CMHC) and general practitioners (Statistics Departments of the Centers of Family Medicine) are trained in introducing data, monitoring and its evaluation through the MH information system;**
- 4. The referral system within the MH system and general health system is established and is well functioning**