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**4 days of international cooperation**

**STRENGTHENING THE MENTAL  
HEALTH SYSTEMS IN LOW AND  
MIDDLE INCOME COUNTRIES**

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**Meeting mental health  
needs in low and middle  
income countries is a  
complex and difficult task**



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## WHY?

- The burden is greater: mental disorders are more common in developing countries (Patel, 1999)
- The treatment gap is larger: from 76.3 to 85.4 are the untreated cases.
- The resources available are tremendously scarce
- Mental health is the Cinderella of all health concerns



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**ENORMOUS PROBLEM  
VS  
FEW RESOURCES**



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## WHAT IS THIS MEETING?

- One possible answer to this alarming situation
- A way to join WHO and its Mental Health Global Action Program
- A challenge



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## **TWO MAIN OBJECTIVES:**

- 1. TO EXCHANGE EXPERIENCE AMONG COUNTRIES**
- 2. TO DISCUSS THE PROJECT PROPOSALS DEVELOPED FROM THE COUNTRIES, TO SUPPORT THEM BY CREATING COLLABORATIONS AMONG THE PARTICIPANTS**



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**THANK YOU!**

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