

Summary of the WHO-AIMS Project Proposal to Strengthen the Mental Health System in Thailand

This project proposal is based on the results of a comprehensive assessment of the mental health system of Thailand using the WHO-AIMS instrument. For further details on this assessment, please see the WHO-AIMS country report for Thailand:

http://www.who.int/mental_health/thailand_who_aims_report.pdf

Title of Project: Enhancing Community Mental Health Capacity at the Primary Care Level

Objectives: The overall objective of this proposal is to enhance mental health care capacities at the primary care level. The aim is to achieve this by:

1. Empowering primary health care personnel to provide better mental health care;
2. Strengthening the community mental health network through supervision and referral linkage;
3. Building up the monitoring system in all levels of the community mental health network that promote continuity of care.

Expected Outcomes: The proposed project includes the development of a piloted and revised training manual for primary health care personnel, a community mental health (CMH) model package for use by the CMH network, and an administrative guideline manual for the implementation of the model. The project is a multi-step project, some specific expected outcomes include:

1. CMH model package for the CMH network and a training manual for the primary health care personnel developed.
2. Primary health care personnel responsible for 75-100 primary care units or health centres in the province trained with at least one on-site supervision/visit.
3. 80% of registered mentally ill patients are monitored by the system and 80% of users and health providers are satisfied with the system.

Expected Impact: There are two identified levels of expected impact of this project.

System Level:

1. Enhance the community mental health care capacity and the collaboration of the CMH network
2. Enhance the primary health care capacity in community mental health care by integrating general health care for sustainability of services.

Users' Level - Health Providers, Patients and Families

1. Improve the quality of mental health services by a systematic approach to supervision
2. Provision of holistic care.
3. Improve treatment compliance and decrease relapse and readmission rates
4. Improve the accessibility to mental health services.

For further information on this project and resource requirements please contact:

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