



Mental Health System in the Occupied Palestinian Territory

Bassam Al Ashhab
MBBCh,DPM,MRCPsych – FRCPsych
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Country Context



Population (2006)	3.8 m. (WB 2.4 - GA 1.4)
Areas	6,170 sq.km (WB,5800-G 365)
Below 15 years of age	47%
Poverty Rate	65 %
Health Expenditure Per capita	135 US \$
MH Expenditure	2.5%
ODP MH facilities	42 (17 Gov)
Treated User	33,167 user (2004) (911.8 user /100.000 pop)
Two Psychiatric Hosp	319 beds ratio 8.76 bed: 100.000 Occupancy rate 63%
MH workers	268 (7.31 per 100.000)
Psychiatrists	32 (0.87per 1000.000)

Weaknesses of the Mental Health System

1. The lack of progress in developing acute inpatient services from the 2 psychiatric hospitals.
2. There are no community rehabilitation services.
3. Poor integration of mental health into primary health care services

Strength of the Mental Health System

1. An agreed National Mental Health Strategic Operational Plan.
2. An agreed Mental Health Directorate in the MOH.
3. Community Mental Health Centres upgraded and operational in 6 districts.

Title of the Project

Mental Health and Psychosocial Support and Development in the West Bank and Gaza

The project commenced in 2002 with a situational analysis conducted by the Director of Mental Health and Substance Abuse, WHO, Geneva.

Following widespread consultation with all stakeholders in mental health this was agreed and signed in 2004 by the Minister of Health, WHO and the French and Italian Cooperation's

Mental Health Project

Objectives:

A. Managerial Structure - Directorate

offices: training, legislation + accreditation, service Development
Staff: Administrative + secretary

B. Training and Education

- In-serving training in CMH multidisciplinary team building.
- Develop skill-based training.
- PHC development training program
- Development of Post graduate programs
 - Medical Profession (Psychiatrist).
 - Higher degree in Psychiatric Nursing at Ibn Sina College.
 - MH Master program in Alquds University.
 - For social work in Bethlehem Un.
- Development of e-learning platform & materials Birzeit CED.
- Development of clinical supervision

C. Community Based facilities

CMHC: Rehabilitation DC, Unit GH, Specialized S.
Human resources: All Prof Categories

D. Community Support System

- Intersectorial & Stakeholder Cooperation
- Families and service user association
- Public awareness & education

E. Evidence base Practice and research & Information MHS.

Mental Health Project

Expected Result:

A. MH resources (facilities)

1. Development of CMH service (Centers 6, Inpt Unit) in GH(4). Day Car “6”
2. Improving the condition in longstay ward in the M. Hosp.
3. Increase the number and upgrade qualification and the skill of MH prof.
4. To train PHC staff to screen - refer people with MH disorders and to be able to treat minor health problems.

B. Community

1. Establish NGOs for Carers and users ‘4’
2. Improve attitudes of people towards MH clients.

C. User:

1. Increase of accesibility of care and having more holistic and recovery services which respects the human rights of people with MH problems.
2. More users being able to receive care at home and able to be employed and to provide self help for themselves.
3. Decrease hospital admission and reduction in relapse rate.



Thank You